

UNITED NATIONS SUSTAINABLE DEVELOPMENT GOALS

GOAL NO-5
GENDER EQUALITY





Message from the Chancellor

"True progress is measured by our ability to embrace equality. At Nims University, we believe that gender equality is not just a goal but a fundamental right. When we empower all genders equally, we unlock the full potential of our society and create a future where everyone can thrive."



Dear Learners of New India,

This time we are all engaged in building a better future, recognizing that gender equality is one of the most powerful and essential pillars for a developed country. At Nims University, we believe that by empowering girls and women through education, we can create a more just, equitable, and prosperous world.

Over the past year, we have made significant strides in promoting gender equality and expanding access to education for all genders. We have launched initiatives that have directly impacted the lives of thousands of young women, providing them with the resources and opportunities they need to succeed.

Our programs and policies are improving the daily lives of women in many ways. Initiatives such as the Jachha Bachha Yojna and Vidhwa Vidya Dhan provide critical support on our campus. Additionally, we offer free education from primary to higher education for girl children born in Nims Hospital.

We take pride in our diverse faculty, with women holding 50% of leadership positions, ensuring that female perspectives are represented at all decision-making levels. This commitment to gender equality is reflected in our inclusive policies and supportive community.

I extend my heartfelt gratitude to our faculty, staff, students, and partners for their unwavering support and dedication. Together, we will continue to champion the cause of quality education and drive positive change for future generations. Let us remember that when we educate a woman, we empower a community, and when we achieve gender equality, we build a stronger, more inclusive nation.

Prof.(Dr.) Balvir S. Tomar Founder & Chancellor Nims University Rajasthan, Jaipur





Message from the Vice-Chancellor (President)

Gender equality isn't just about fairness; it's about unlocking the immense potential of every individual within the society, contributing to a more innovative, productive, and inclusive society."



Dear Intellectuals of Tomorrow,

At Nims University, we stand firm in our commitment to fostering an environment where every individual, regardless of gender, has equal opportunities to thrive and succeed. We are dedicated to empowering girls and women, enabling them to become more aware, grow exponentially, and contribute to making this world a better place for all.

Gender equality is not just a moral imperative but a strategic necessity. Research has shown that organizations and societies that embrace gender equality experience higher levels of innovation, productivity, and overall success.

I am proud to share that Nims University has taken concrete steps towards promoting gender equality. Our policies ensure equal access to education, opportunities for career advancement, and a safe and inclusive campus environment for all. We have established support systems, including mentorship programs and awareness campaigns, to empower individuals to challenge stereotypes and break barriers.

As we embark on this journey towards greater gender equality, let us remember that it is not just about achieving numerical parity but creating a culture of respect, inclusion, and empowerment. Together, let us work towards a future where every person, regardless of gender, can realize their full potential and contribute meaningfully to our university and society at large.

Prof. (Dr.) Sundeep Mishra Vice Chancellor (President) Nims University





Introduction

The Sustainable Development Goals (SDGs), also known as Global Goals, are a set of 17 integrated and interrelated goals to end poverty, protect the planet and ensure that humanity enjoys peace and prosperity by 2030.

India is home to more than a quarter of the hungry people in the world. The effect of climate change on agriculture will adversely affect Indian agriculture, thereby making food availability scarce. The existing production levels barely manage to keep pace with the growing population, a problem that is aggravated by high disparities in resources and purchasing power.

The changing scenario of rising food prices has raised new concerns about food security. It has been estimated that globally 130 million more people have become food insecure due to high food prices, climate change, and war zones in addition to the existing 850 million. Soaring prices would require providing top priority to ensuring access to food by the most vulnerable, which can be achieved through expanded safety net programs such as the PDS, and those programs which address the nutritional status of pregnant and lactating women, and children of less than five years of age.









ACHIEVE GENDER EQUALITY AND EMPOWER ALL WOMEN AND GIRLS

THE WORLD IS NOT ON TRACK TO ACHIEVE GENDER EQUALITY BY 2030



AT THE CURRENT RATE, IT WILL TAKE



300 YEARS TO END CHILD MARRIAGE



286 YEARS TO CLOSE GAPS IN LEGAL PROTECTION AND REMOVE DISCRIMINATORY LAWS



140 YEARS TO ACHIEVE EQUAL REPRESENTATION IN

ARE EFFECTIVE TO ACHIEVE EQUALITY IN POLITICS

WOMEN'S REPRESENTATION IN PARLIAMENT



30.9% COUNTRIES

21.2% COUNTRIES WITHOUT QUOTAS





THE SUSTAINABLE DEVELOPMENT GOALS REPORT 2023: SPECIAL EDITION- UNSTATS.UN.ORG/SDGS/REPORT/2023/





An Overview

Recently, the Gender Inequality Index (GII), 2022 has been released by UNDP in their Human Development Report 2023-24.

• In GII, India stands at rank 108th out of 193 countries, with a score of 0.437.

Women and girls represent half of the world"s population and, therefore, also half of its potential. Gender equality, besides being a fundamental human right, is essential to achieve peaceful societies, with full human potential and sustainable development. Moreover, it has been shown that empowering women spurs productivity and economic growth.

Unfortunately, there is still a long way to go to achieve full equality of rights and opportunities between men and women. Therefore, it is of paramount importance to end the multiple forms of gender violence and secure equal access to quality education and health, economic resources and participation in political life for both women and girls and men and boys. It is also essential to achieve equal opportunities in access to employment and to positions of leadership and decision-making at all levels







Targets of SDG-5

- Target 5.1: End all forms of discrimination against all women and girls everywhere
- 5.2 Eliminate all forms of violence against all women and girls in the public and private spheres, including trafficking and sexual and other types of exploitation
- 5.3 Eliminate all harmful practices, such as child, early and forced marriage and female genital mutilation
- 5.4 Recognize and value unpaid care and domestic work through the provision of public services, infrastructure and social protection policies and the promotion of shared responsibility within the household and the family as nationally appropriate.
- 5.5 Ensure women's full and effective participation and equal opportunities for leadership at all levels of decision making in political, economic and public life.
- 5.6 Ensure universal access to sexual and reproductive health and reproductive rights.





Global Centre for Sustainable Development Goals

GLOBAL CENTRE FOR SUSTAINABLE DEVELOPMENT GOALS

TO ALIGN ITS MISSION WITH



NIMS ADOPTS O SUSTAINABLE GOALS



Nims University has taken a significant step towards global sustainability with the launch of the <u>Global Centre for Sustainability Development (GCSD)</u>.

This unfolding initiative demonstrates the university's ambition to bring about positive change on a global scale. The aim is to ensure a holistic and inclusive approach to development, leaving no one behind, and creating a sustainable future for all.

Through research, education, awareness, and community engagement, Nims is determined to contribute to the comprehensive growth of the nation.





NIMS SCHOOL OF HUMANITIES &LIBERAL ARTS

The Department of Sociology and Social Work at NIMS School of Humanities and Liberal Arts organized an impactful awareness camp on 'Gender Equality' (SDG-5), one of the 10 Sustainable Development Goals that NIMS University has adopted from the UN. Under the meticulous guidance of Dr. Lopamudra Das, Head of the Department of Sociology and Social Work, and Dr. Manoj Kumar, Assistant Professor, the team aimed to spread awareness about gender equality among the students of Sharda Public School, Chandwaji, on 28th March 2024 (Thursday).

The camp highlighted the significance of gender equality through an engaging skit that vividly depicted the problems of gender inequality in everyday activities across various environments. This visual representation helped the audience comprehend the challenges and barriers hindering gender equality, making the message resonate deeply.

One of the main objectives of the camp, aligned with the sustainable goal of gender equality, was to promote the understanding and inclusion of gender equality in educational institutions. This initiative aimed to influence young minds, who will be the backbone of not only the country but also the world in the future.

The event also included activities for both boys and girls, designed to immerse them in games that reinforced the awareness goal of gender equality. These activities encouraged active participation and involvement of students in promoting gender equality, fostering a sense of unity and shared responsibility in creating a more equitable world.

This camp exemplifies our commitment to SDG-5 and underscores the importance of instilling the values of gender equality in the next generation. By empowering young students with the knowledge and understanding of gender equality, we are taking crucial steps towards a future where everyone has the opportunity to thrive and succeed, regardless of gender.













NIMS SCHOOL of LAW

Report on the Two-Day Session on "Unconscious Gender Bias"

NIMS School of Law, NIMS University SDG Goal-5: "Gender Equality" 28th & 29th January, 2024

In adherence to our commitment to sustainable development, NIMS School of Law organized a Two-Day Session on "Unconscious Gender Bias" to educate students about unconscious biases, explore strategies to recognize and address them, empower students to actively contribute to achieving SDG Goal 5, and facilitate reflections on personal biases towards gender equality.

Session Overview

Day 1: Understanding Unconscious Gender Bias

The first day introduced the concept of unconscious gender bias, highlighting its prevalence in various aspects of life. Through case studies and examples, students explored how these biases influence decision-making, perceptions, and behaviors. Engaging discussions and personal anecdotes from students revealed the subtle and overt instances of gender bias they had encountered, underscoring the necessity of addressing unconscious bias for a more inclusive environment.

Day 2: Strategies to Tackle Unconscious Gender Bias

On the second day, students focused on strategies to recognize and mitigate unconscious gender bias. Interactive group activities and role-playing exercises helped raise awareness and foster empathy. Students brainstormed practical approaches to challenge stereotypes, promote diversity, and create an inclusive culture. Presentations from various semesters offered insights and suggestions, ranging from implementing gender-neutral language in academics to advocating for diverse representation in curricula and leadership roles.

Key Takeaways and Recommendations

- 1. Education and Training: Incorporate unconscious bias awareness programs into the curriculum and provide regular training sessions for faculty, staff, and students.
- 2. *Promoting Diversity: Actively seek diverse perspectives in decision-making processes, curriculum development, and organizational policies.
- 3. Creating Safe Spaces: Establish forums for open dialogue and discussion, encouraging individuals to share their experiences and perspectives.
- 4. Encouraging Mentorship: Implement mentorship programs to support underrepresented groups and foster inclusive environments.
- 5. Accountability and Evaluation: Regularly monitor and evaluate progress in addressing unconscious bias, with clear accountability measures in place.

Conclusion

The two-day session on "Unconscious Gender Bias" provided a valuable platform for meaningful discussions and collaborative problem-solving. By raising awareness, sharing experiences, and proposing actionable strategies, participants demonstrated their commitment to creating a more equitable and inclusive society. Moving forward, it is essential to translate these discussions into concrete actions, fostering a culture that values diversity and rejects all forms of bias and discrimination.



















Testimonials

1. Dipika Singh, BA.,LL.B Sem II:

"Participating in the session on unconscious gender bias was truly eye-opening. It made me reflect on my own biases and how they might affect others. The discussions were engaging and thought-provoking, and I appreciated hearing from my peers about their experiences."

2. Ashish Singh Rathore, BA.,LL.B Sem II:

"As a male student, I found the session on unconscious gender bias to be incredibly enlightening. It shed light on the ways in which society perpetuates stereotypes and prejudices, often without even realizing it. The session encouraged me to reflect on my own behavior and privilege, and to be more mindful of the experiences of women and marginalized groups. I'm grateful for the opportunity to have participated and look forward to continuing the conversation."

3. Diva, BA., LL.B Sem II:

"Attending the interactive session on unconscious gender bias was empowering and validating. It was reassuring to hear that others have experienced similar biases and challenges. The session helped me recognize the importance of speaking up against discrimination and advocating for gender equality."

4. Aarti, BBA.,LLB Sem IV:

"The session made me realize how ingrained biases can be in our society and the impact they have on individuals' lives. The discussions were thought-provoking and encouraged me to critically examine my own beliefs and behaviors."

5. Riya Kumari, BA.,LLB Sem IV:

"The session on unconscious gender bias provided a safe space for students to share their stories and experiences, fostering a sense of community and solidarity."

6. Abhishek, BBA.,LLB Sem IV:

"The session on unconscious gender bias was a wake-up call for me. It made me realize how pervasive bias is in our society and how it affects every aspect of our lives, including education.





Nims Institute of Engineering and Technology, Department of Applied Sciences

Outline of the Strategies

By examining the introduction of the 2030 Agenda for Sustainable Development, we aim to establish links with both the Development Goals and Human Rights, illustrating the ongoing development and persistence of key values embraced globally. Subsequently, attention turns to SDG 5, emphasizing the importance of gender equality in today's time. This will enable students to understand the role of each gender in developing the nation and contributing to society.

Outcomes

- This program will help students understand the importance of gender equality, bolstering SDG 5.
- Students will learn the significance of working together as a team, providing equal opportunities to all genders, and cooperating effectively.











NIMS NURSING COLLEGE

Dayanand Public Sen. Sec. School, Achrol, Jaipur, Objectives:

☐ To aware the community for gender equality.

☑ To conduct a communication seminar along with the Achrol community for improve the knowledge regarding gender equality.

☐ To conduct a visit Dayanand Public Sen. Sec. School Achrol for delivered the lecture regarding gender equality.

☐ To conduct a seminar at NIMS Nursing College regarding gender equality.

△ To conduct a visit of working place at NIMS University workers for delivered the lecture regarding gender equality.















: Awareness Programme at Workplace Regarding Gender Equality





Reg. No. 911/जयपुर/2007-08

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दयानन्द पब्लिक उच्च माध्यमिक विद्यालय

ग्राम - अचरोल, तह. आमेर, जयपुर मो. 7737129116, 7792968348

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महोदय, हमानीय विद्यालय में निम्स ज्ञितां ग्रांनेण, निम्स भूनिविधिरी में आंप रीचर मीमती रनुनिता व छात्र - ग्राजामा ने रुद्धली बज्जो हो ऽ०७ ७००० प्राप्त. werder Equality पर Education की है। प्राणित हिमा जाता है। उपरोबत एक्सिविरी छाजो के लिए ग्राही प्रेरवाराय रहा।

रनध-थवार

PRINCIPAL (1122674)
DAYANAND PUB. SR. SEC. SCHOOL
VILL-ACHROL, TAH.-AMER (JAIPUR)





NIMS Institute of Pharmacy

By examining the introduction of the 2030 Agenda for Sustainable Development, we aim to establish links with both the Development Goals and Human Rights, illustrating the ongoing development and persistence of key values embraced globally. Subsequently, attention turns to SDG 5, emphasizing the importance of gender equality in today's time. This will enable students to understand the role of each gender in developing the nation and contributing to society.

Objectives of SDG Goal-3 activity:

Sustainable Development Goal 5, focuses on "Gender Equility." SDG 5 aims to End all forms of discrimination against all women and girls everywhere. One of its targets is to achieve universal literacy and numeracy. A major component in acquiring knowledge and valuable skills in the learning environment. Hence, the urgent need to build more educational facilities and also upgrade the present ones to provide safe, inclusive, and effective learning environments for all.

NIMS institutes of Pharmacy play a crucial role in contributing to the achievement of Sustainable Development Goal 5

Pharmacy colleges can played several important roles in contributing to the achievement of Sustainable Development Goal 5 (SDG 5), which focuses Goal 5 aims to achieve gender equality and empower all women and girls. Gender equality is a human right. It is also a precondition for realizing all goals in the 2030 Sustainable Development Agenda.

Special on International Women's Day - Gender Equality

Ending all discrimination against women and girls is not only a basic human right, but also vital for a sustainable future. It is proven that empowering women and girls helps economic growth and development.

UNDP has made gender equality central to its work and we have seen significant progress over the last 20 years. There are now more girls in school than 15 years ago and most regions have reached gender parity in primary education.

Although there are more women in the labor market than ever before, there are still large inequalities in some sectors where women are systematically denied the same work rights as men. Sexual violence and exploitation, the unequal division of unpaid care and domestic work, and discrimination in public office all remain major barriers.

It is important to give women equal rights to land and property, sexual and reproductive health, and technology and the Internet.



सवाददाता महिन लाल वस

यूएनडीपी ने लौंगिक समानता का बनाया केंद्र बिंदु।



लैंगिक समानता महिलाओं और लड़कियों के खिलाफ सभी भेदभाव को समाप्त करना न केवल एक बुनियादी मानव अधिकार है, बल्कि टिकाऊ भविष्य के लिए भी महत्वपूर्ण है। यह सिद्ध है कि महिलाओं और लड़कियों को सशक्त बनाने से आर्थिक वृद्धि और विकास में मदद मिलती है। यूएनडीपी ने लैंगिक समानता को अपने काम का केंद्रबिंदु बनाया है और हमने पिछले 20 वर्षों में उल्लेखनीय प्रगति देखी है। 15 साल पहले की तुलना में अब स्कूल में अधिक लड़कियाँ हैं और अधिकांश क्षेत्र प्राथमिक शिक्षा में लैंगिक समानता पर पहुँच गए हैं। हालाँकि,

श्रम बाज़ार में पहले से कहीं अधिक महिलाएँ हैं, फिर भी कुछ क्षेत्रों में अभी भी बडी असमानताएँ हैं। जहाँ महिलाओं को पुरुषों के समान कार्य अधिकारों से व्यवस्थित रूप से वंचित किया जाता है। यौन हिंसा और शोषण, अवैतनिक देखभाल और घरेलू काम का असमान विभाजन, और सार्वजनिक कार्यालय में भेदभाव सभी बड़ी बाधाएँ बने हए हैं। जलवाय परिवर्तन और आपदाओं का महिलाओं और बच्चों पर प्रतिकृल प्रभाव पड रहा है, जैसा कि संघर्ष और प्रवासन पर पड रहा है। महिलाओं को भूमें और संपत्ति, यौन और प्रजनन स्वास्थ्य, और प्रौद्योगिकी और इंटरनेट पर समान अधिकार देना महत्वपूर्ण है। आज सार्वजनिक कार्यालयों में पहले से कहीं अधिक महिलाएँ हैं, लेकिन अधिक महिला नेताओं को प्रोत्साहित करने से अधिक लैंगिक समानता हासिल करने में मदद मिलेगी। सतत विकास लक्ष्य के 17 लक्ष्यों में 5वां लैंगिक समानता से संबंधित है। १. हर जगह सभी महिलाओं और लडिकयों के खिलाफ सभी प्रकार के भेदभाव को समाप्त करना। २. महिलाओं और लडिकयों की हिंसा और शोषण को समाप्त करना। ३. बाल विवाह, समयपूर्व विवाह और जबरन विवाह और महिला जननांग विकृति जैसी हानिकारक प्रथाओं को समाप्त करना। ४. अवैतनिक देखभाल का मूल्य बढ़ाना और साझा घरेलू जिम्मेदारियों को बढ़ावा देना । ५. नेतृत्व और निर्णय लेने में महिलाओं की पूर्ण भागीदारी सुनिश्चित करना सार्वभौमिक प्रजनन अधिकारों और स्वास्थ्य तक पहुंच सुनिश्चित करना। सतत विकास लक्ष्य -5 को हासिल करने के लिए तीन साधन भी हैं:1. महिलाओं के लिए आर्थिक संसाधनों, संपत्ति के स्वामित्व और वित्तीय सेवाओं के समान अधिकार को बढावा देना। २. प्रौद्योगिकी के माध्यम से महिलाओं के सशक्तिकरण को बढावा देना। ३. लैंगिक समानता के लिए नीतियों को अपनाना, मजबूत करना और कानून लागू करना ।किसी को पीछे नहीं छोड़ने' की प्रतिज्ञा के माध्यम से, देशों ने सबसे पीछे रहने वालों के लिए तेजी से प्रगति करने के लिए प्रतिबद्धता जताई है। SDG-5 का उद्देश्य महिलाओं और लडिकयों को समान अधिकार, कार्यस्थल पर भेदभाव या किसी और हिंसा सहित भेदभाव के बिना मुक्त रहने के अवसर प्रदान करना है। यह लैंगिक समानता हासिल करने और सभी महिलाओं और लडिकयों को सशक्त बनाने के लिए है। डॉ राजेश कुमार शर्मा प्रोफ़ेसर, निम्स यनिवर्सिटी जयपर

















NIMS COLLEGE OF PARAMEDICAL TECHNOLOGY

Introduction

Gender equality is a fundamental human right and a necessary foundation for a peaceful, prosperous, and sustainable world. Recognizing this, Nims University is committed to promoting gender equality and empowering all genders through education and awareness. Our awareness program on gender equality aims to enlighten students, faculty, and staff about the importance of creating an inclusive environment where everyone, regardless of gender, can thrive.













Way Forward

Since gender equality is foundational to many SDG targets, structural factors driving gender inequality is a matter of major concern. A sizeable proportion, 18 per cent, of ever-partnered women and girls aged 15 to 49 have suffered physical and /or sexual partner violence in the previous year. Nearly, 75 per cent of detected victims of trafficking for sexual exploitation and 35 per cent forced labour victims who are trafficked are female. Thus, the age-old practices that put women and girls at a higher risk of inequality and abuse with deleterious physical, sexual and psychological impacts continue to persist.

The government is taking extraordinary measures to develop women's skills and entrepreneurship. Over the last three years, there has been a 97 per cent rise in women enrolling in long-term skill development courses. Besides the potential to spur economic growth, technology opens up new vistas of socio-economic empowerment of women.

There has been an increased access to mobile and internet amongst Indian women with more than 40 per cent of Indian women being aware of mobile internet in 2019, as against just 19 per cent a year before, which has expanded their access to information and new opportunities.

